



Glyde-In Community Learning Centre

Term 2 Special On-Line programme 2020

Welcome to our Term 2 programme. We'd much rather see you in person of course, but as we're rather restricted nowadays our activities and talks are all online. Please join us. We will use free software that makes it easy.

What you'll need

We will be using the software **Zoom**. It's free to use and you will need to have downloaded and installed it first (www.zoom.us). Please do that early and get comfy with it; use it to meet friends and family online. It's fun. Zoom works best on a desktop, a laptop or a tablet (it works on a phone but is a bit less flexible). If you like we can email you a simple guide. If you get really stuck, email us, but please practice early with family and friends.

You don't need to be a member to attend our activities this term.

Concession fees apply to members holding a Centrelink concession or a DVA card.

SPEAKERS UNLIMITED

THE ENDING OF WWII AS1

Alexey Muraviev, National Security & Strategic Studies, Curtin University

Friday 15 May, 10 - 11am

Just 75 years ago the most disastrous conflict in history, World War II, came to an end in Europe. Nazi Germany and its allies agreed to an unconditional surrender. The threat of Nazism brought together unlikely allies: the UK, France, the Soviet Union, the United States and others. Alexey will address the cause of the war and its outcomes, and ask why we are still fighting it.

\$12 / \$8 Conc.

THE HEALTH OF JOURNALISM AS2

Kerry Faulkner, School of Media, Curtin University

Friday 15 May, 10-11am

The power of the press is enormous. That's why powerful people want to control it. Corporate interests greatly influence what we read and hear, says Kerry. Quality reporting is more important than ever, particularly for its role as the 'fourth estate' - to report, verify and question matters of public and commercial governance. Let's hear more.

\$12 / \$8 conc.

THE TROUBLE WITH PEACE-KEEPING AS3

Melanie O'Brien, Law School, UWA

Tuesday 19 May, 10-11am

UN peacekeepers are sent to protect civilians from conflict. What happens when, instead of protecting, they abuse the most vulnerable? Melanie looks at sexual exploitation and abuse of women and children by peacekeepers. She explains what the UN is (and is not) doing about it, and how countries can hold their peacekeepers accountable for these crimes.

\$12 / \$8 conc.

CONVERT YOUR OLD VIDEOS AS4

Chris Hermann

Tuesday 26 May, 10-11am

Many of us have lots of old VHS movies - family memories, favourite films - that are languishing. Convert them easily to digital format, and then share them on the cloud or YouTube. Chris will

demonstrate with a Video Catcher device (around \$200) that simply plugs into your VCR. It works with Mac or Windows. You don't need it for this talk; Chris simply explains how you use it and why you might want it. This isn't a sales pitch but a guide to show how to shake the dust off those home movies and share them with others. You'll be given a handout in case you decide to go ahead.

\$12 / \$8 conc.

COVID-19 AND BATTLESPACE EARTH AS5

Alexey Muraviev, National Security & Strategic Studies, Curtin University

Friday 29 May, 10-11am

Covid-19 slowed economies, global trade and travel the world over. It also had detrimental impacts on many militaries across the world, forcing them to alter their normal modus operandi. Yet it seems to have done little to reduce either high levels of geopolitical tensions or ongoing conflicts. Alexey examines Covid -19's impacts on militaries across the world, on geopolitical tensions between major powers, and on regional conflicts and wars.

\$12 / \$8 conc.

ONLINE TV AND MOVIES AS6

Kris Metcher

Wednesday 24 June, 1-2pm.

Find out how you can watch your favourite films and tv shows - either free and legal or through a paid service. Both are easy and convenient, so learn more in this workshop-style presentation.

\$12 / \$8 conc.

THE MAGIC OF DUGONGS AS7

Amanda Hodgson, Research Fellow, Murdoch Uni

Tuesday 30 June, 9-10am

They have a face only a researcher could love, says Amanda. A dugong is a big, grey-brown bulbous animal whose distinctive head has a broad flat muzzle and mouth and tiny eyes and ears. They live on seagrass, so are an important indicator of the health of our sea-beds. Amanda uses drones to find them, and brings us wonderful stories.

\$12 / \$8 conc.

Enrol from Wednesday 6 May

As we cannot hold our usual enrolment day, you can enrol online, email us or drop your form into our letterbox. Please don't delay.

NOT-SO-TRIVIAL PURSUITS

STARTING & FINISHING YOUR LIFE STORY

Rhuwina Griffiths

BN1

5 Mondays from 18 May – 22 June
(excl. 1/6), 9.30-10.15am.

How you begin your memoir will determine whether or not your reader wants to keep reading. If it's not engaging, chances are he or she won't bother. And how you end your story colours the mood in which your reader will leave it. There's an art to writing beginnings and endings, and Rhuwina, an accomplished writing tutor, will suggest some tricks of the writing trade and explore the psychology that underpins this aspect of writing.

\$30 / \$24 conc.

SUDOKU

Gordon MacNish

BN2

Tuesday 19 May, 1-3pm.

Stuck at home and bored with crosswords? Like to try a Sudoku but don't know how to start? Gordon will explain how a Sudoku works, show you that it doesn't matter if you're hopeless at maths and give you some hands-on tips for getting started. You'll need blank paper, soft pencil and an eraser.

\$16 / \$13 conc.

THE SHORT STORY

Mary Ellen MacDonald

BN3

5 Wednesdays, 20 May – 17 June, 10-11am.

This means REALLY short stories. Good writers pack a lot of meaning into a small space. Hemingway did it with just six words, and oh! how he evokes readers' emotions. Mary-Ellen MacDonald explores how fiction, using fewer than 100 words, can be as powerful and evocative as any 500-pager. You can write too if you wish, although this is not a creative writing course.

\$40 / \$32 conc.

YOUR LIFE WISHES

Carol Scott

BN4

Tuesday 2 June, 10-11.30am.

We talk about most things, but one topic remains largely unspoken. Now might be the best time to have the conversation about how you want to live out the final stages of your life, including how you'd like to be remembered. It can make a huge difference to you and your family – for you, knowing that they know what you want and for them, taking away the guesswork. Carol suggests ways that can be an easy way to begin that conversation.

\$16 / \$13 conc.

BOOK FORUM

Alana Marshall

BN5

2 Fridays, 5 & 12 June, 10-11.30am.

Literature deeply affects the heart and intellect, so let's share ideas on the books that have provided solace and guidance. Our at-home days have highlighted the balm of reading as we isolate and recalibrate. A focus will be on transitions, change and connection. Alana is a biblio-enthusiast with ideas on using reading for well-being, growth and enjoyment. Explore ideas for books to reserve for post-Corona days or to order or read online.

\$24 / \$19 conc.

RICHER CONVERSATIONS

Caroline Harry

BN6

3 Tuesdays, 9 – 23 June, 10am-11.30noon

'How was your day?' 'Good day at school?' Do you find yourself asking dull questions and getting empty responses? Meaningful conversations take skill and wisdom. Experience the power of listening without judgement and asking questions that draw out your companion's wisdom, thoughts and perspectives.

\$36 / \$29 conc.

THINKING ON OUR FEET

Caroline Harry

BN7

3 Tuesdays, 9 – 23 June, 1-2.30pm

When did we forget how to play? Let's inject our lives with play, joy and compassion. Using short games and exercises, we'll enjoy saying yes, showing up, being average, making mistakes and taking care of each other. We'll loosen up, think on our feet and take on life with chutzpah, humour and skill.

\$36 / \$29 conc.

MIND, BODY, SPIRIT

THE LISTENING SPACE

Marianna Garaboni

CM1

One of 4 Tuesdays, 12 May – 2 June, 6-6.50pm.

Individual online sessions. Feeling troubled? Like someone to talk to? Marianna is a psychologist and counsellor. She is compassionate, impartial, respects confidentiality and helps you develop insights on how to overcome a difficult situation.

\$5. Booking essential.

QI GONG

Toni Weston

CM2

5 Thursdays, 14 May – 11 June, 4-5pm.

Specific Qigong to transform fear into courage, and strengthen our immunity. When we experience fear we go into either a fight or flight response, and this can weaken our immune system. With such a lot of anxiety around us now, it is imperative that we keep our emotions calm while strengthening our immunity.

\$40 / \$32 conc.

TAI CHILL

Roz Luce

CM3

6 Thursdays, 14 May – 18 June, 10.30-11.15am

A modified, shorter and simpler version of traditional Tai Chi, Tai Chill has similar benefits for flexibility, strength, balance and peace of mind, says Roz. It can be done standing or seated. It's fun, worthwhile, and for beginners. Or use this time to brush up if you've done it before.

\$36 / \$29 conc.

FINDING PEACE IN UNCERTAIN TIMES

Jane Morton-Zumbuhl

CM4

8 sessions: 4 Mondays & 4 Fridays, 18 May – 15 June, 9.30-10.45am (excl 1/6).

Mindfulness can help us to cope with the stress and anxiety we may be experiencing. It encourages us to seek new and old sources of resilience, joy, and calmness. We will explore different meditations and informal daily practices to try between sessions. The best way to learn

MIND, BODY, SPIRIT Continued

about mindfulness is simply to try it! You'll need access to Zoom and email, a comfy chair and /or mat and an open curious mind. This course is essentially light-hearted and fun.

\$80 / \$64 conc.

SPIRITUAL EXPLORATIONS: Jesus the Christ Ruperto Nunez **CM5**

5 Fridays, 29 May – 26 June, 3.30-5.30pm.

The variety of 'Christianities' today are insignificant compared to the diversity of beliefs about Jesus in the first and second centuries CE. Who was this man? Or was he a god? Or both? Can we know what he believed and taught? These questions and others which have stirred our hearts will be discussed and perhaps answered in this course with Ruperto, a man with an insatiable curiosity about the human condition.

\$80 / \$64 conc.

BY HAND

NATURE-INSPIRED ART & MINDFULNESS Mish Mustac **FB1**

3 Saturdays, 16 – 30 May or 13 – 27 June, 10am-12noon.

Through simple creative and mindfulness practices, the quieter we become and the more we witness the work of art in nature and ourselves. Each session includes a nature-focused meditation, art demo and sharing; we will observe natural objects then draw, paint, write poetry or journal. You'll need 2B, 4B pencils, watercolour sketch pad, a few watercolour pencils, small paintbrush, water jar, a journal and some natural objects; leaves, flowers, shells etc.

\$48 / \$38 conc.

CARICATURES **FB2** Chanthira Suppiah

3 Thursdays, 4 – 18 June, 1-3pm.

Bring characters to life as you learn the humorous art of caricature. It's easier than you think, and Chanthira is a good tutor. Amaze yourself and delight your friends; have some photos of friends or family handy. You'll also need pencils, eraser, sharpener and plain paper.

\$48 / \$38 conc.

NATURAL WEAVING **FB3** Leisa Antonio

Your own choice of day and time.

Book before 22 May.

Create a functional textile, twine and yarn basket using contemporary plain weaving basketry. In this online video Leisa shows each step in a relaxed way. We will send you the link and you can play, stop, start, replay at your leisure. All materials and additional written instructions will be posted to you, hence the booking deadline.

\$45.

LANGUAGES

SPANISH, Year 2 **GL1** Ruperto Nunez

8 Mondays, 4 May – 29 June (excl 1/6), 1.30-3.30pm.

Our second year continues; newcomers with the basics are welcome.

\$128 / \$102 conc.

LANGUAGESContinued

SPANISH, Intermediate **GL2** Ruperto Nunez

9 Tuesdays, 5 May – 30 June, 9-11am.

Those with a grasp of Spanish vocab and grammar and can hold a relaxed conversation about family, cities, etc, are welcome.

\$144 / \$115 conc.

SPANISH, More Advanced **GL3** Ruperto Nunez

9 Tuesdays, 5 May – 30 June, 11.30am – 1.30pm.

Newcomers who know pronouns, present and simple past tenses, and basic dialogue are welcome.

\$144 / \$115 conc.

SPANISH, Year 3 **GL4** Ruperto Nunez

9 Fridays, 8 May – 3 July, 1-3pm.

For those with at least two years part-time or equivalent experience and who have an understanding of present tense and basic grammar.

\$144 / \$115 conc.

ITALIAN, Term 4 **GL5** Francesca Cardoni

9 Saturdays, 9 May – 4 July, 11am-12.30pm.

Term 4 for the ongoing beginner, in a friendly class. If you have the raw basics, you're welcome to join.

\$108 / \$86 conc.

TECHNOLOGY

FACEBOOK **HT1** Kris Metcher

2 Wednesdays, 13 & 20 May, 1.30-3.30pm.

Learn to create a Facebook account for your private use, and be wise about security and privacy. Add or change your photo and cover, send and accept friend requests, remove friends, upload photos, tag a photo and create a post. You need an existing email address (and password) to create your profile. If you already have a Facebook profile, have its email and password ready.

\$32 / \$26 conc.

GET TO KNOW YOUR IPAD **HT2** Isobel Pearson

Thursday 14 May, 10-11.30am.

Investigate the basic elements of your ipad: the dock (you can personalise this), the home page and the pre-installed Apps. Check out the Safari web browser and become good friends with the Settings app. Know the difference between a passcode and a password.

\$12 / \$10 conc.

WHATSAPP **HT3** Fay Gerhard

Wednesday 20 May, 10am-12noon

What's App lets you send messages, pictures, videos and voice recordings over the internet, rather than your mobile network. It works for iPhone users communicating with Android users, and vice versa. Come and learn how it works.

\$16 / \$13 conc.

TECHNOLOGY ... Continued

FUN APPS & eBooks ON YOUR iPad HT4

Isobel Pearson

2 Thursdays 21 & 28 May, 10-11.30am

Check out apps that will help you enjoy the isolation hours. Explore the App store, play sudoku, solitaire or build a jigsaw. Listen to talks, check ABC iView and take a virtual tour of a famous Spanish museum. Then we'll look at eBooks and eBooks, and how to use Apple cards for secure online purchases.

\$24 / \$19 conc.

MESSENGER HT5

Fay Gerhard

Wednesday 27 May, 10am-12noon

Facebook Messenger is a free mobile app used for instant messages, sharing photos, videos, audio recordings and for group chats. You can communicate with your friends on Facebook and with your phone contacts. It works on Android and Apple phones and tablets.

\$16 / \$13 conc.

EXCEL, AN INTRO HT6

Kris Metcher

2 Wednesdays, 27 May & 3 June, 1.30-3.30pm.

Excel isn't just for bookkeepers. It's a clever way to keep lists, your budgets, accounts or any numbers you want to play with; it can add, subtract, sort, multiply, and much more. PC only.

\$32 / \$26 conc.

BROWSE, BUY, SELL HT7

Fay Gerhard

3 Wednesdays, 3 - 17 June, 10am-12noon.

Check out Facebook Marketplace, E-Bay, Gumtree, Buy Nothing and Freo Massive. These are treasure troves of local news and goods offered free or for sale. Have fun online and know how to be safe there.

\$48 / \$38 conc.

PHOTOGRAPHY ON YOUR iPad HT8

Isobel Pearson

Thursday 4 June, 10-11.30am

Use your own photos to explore the Camera and Photos Apps and look at editing tools. Before this lesson you will need to take four photos on your iPad – a landscape or scenery, a close up of say a flower or insect, a building and a portrait (a friend or family member) or, if desperate, a household item.

\$12 / \$10 conc.

WORD, AN INTRO HT9

Kris Metcher

2 Wednesdays, 10 & 17 June, 1.30-3.30pm.

Learn how to create a document, name it, close it and find it again. Move words around, check the spelling, format your typing and undo an error. Importantly, learn how to save and file documents on your PC.

\$32 / \$26 conc.

PHOTOGRAPHY ON Android phones/tablets HT10

Fay Gerhard

Wednesday 24 June, 10am-12noon

Use your own photos to explore the Camera and Photos Apps and look at editing tools. Before this lesson you will need to take four photos on your device – a landscape or scenery, a close up of say a flower or insect, a building and a portrait (a friend or family member) or, if desperate, a household item.

\$16 / \$13 conc.

Enrol from Wednesday 6 May

As we cannot hold our usual enrolment day, you can enrol online, email us or drop your form into our letterbox. Please don't delay.

A Word from the Chair

Welcome to our Term 2 programme, where all our activities are on-line. I want to thank Ann, Nik and our wonderful tutors for planning such an excellent programme at such short notice and in such adversity. We hope that you can participate and enjoy our new format.

If you are a Zoom user, as I'm sure many of you are, then this should work well for you. If you are not a Zoom user and it all sounds too hard, please give us a try anyway. We are keen to make it easier to get you online. Zoom is very simple to use and has the great benefit of allowing you to safely stay in contact with family and friends. It is especially good for group discussion where phone calls don't work well. For Zoom assistance please email admin@glydein.org.au

I'm sure that many of you have heard that our much-loved Coordinator, Ann Reeves has chosen to retire on June 30 this year. While Ann will no longer act as Coordinator, she has agreed to stay on in a part-time role to continue developing our programme.

I'm sure I speak for all when I express the deep-felt appreciation and gratitude that we feel towards her. Ann's 20 years of service to Glyde-In is an extraordinary achievement. When she started, Glyde-In was struggling financially and seeking direction. Her appointment as a full-time coordinator in 1999 marked a turning point in our history. Ann helped to make a strong submission to the Town, resulting in a substantial grant that has continued ever since. Her leadership and inspiration transformed the Glyde-In into the diverse Community Learning Centre that is so popular and well supported by our membership and our community.

Dear Ann, on behalf of all members and friends, I want to express our gratitude for your dedication, your vision and your determination to create and support our Glyde-In. We are grateful that you can stay on to continue your wonderful programme development. All the best Ann and thank you for everything. We wish you every happiness in your part-time retirement.

Yours sincerely,

Mal Christison, Chair

Title	Miss/Ms/Mrs/Mr/Dr	First name		Last name	
Phone		Mobile		Emergency No.	
Address					
Suburb		Postcode		Email	
Concession is for <i>members</i> who hold a Centrelink concession or DVA Card				No:	

Please indicate the courses that you are enrolling in by marking a cross in the FIRST column & circling the fees that apply

<input checked="" type="checkbox"/>	Code	Course/Talk/Event	Start date/time	Memb	Conc.	
<input type="checkbox"/>	AS1	THE ENDING OF WWII	15 May 10am	\$12.00	\$8.00	
<input type="checkbox"/>	AS2	THE HEALTH OF JOURNALISM	15 May 10am	\$12.00	\$8.00	
<input type="checkbox"/>	AS3	THE TROUBLE WITH PEACE-KEEPING	19 May 10am	\$12.00	\$8.00	
<input type="checkbox"/>	AS4	CONVERT YOUR OLD VIDEOS	26 May 10am	\$12.00	\$8.00	
<input type="checkbox"/>	AS5	COVID-19 AND BATTLESPACE EARTH	24 June 1pm	\$12.00	\$8.00	
<input type="checkbox"/>	AS6	ONLINE TV AND MOVIES	29 May 10am	\$12.00	\$8.00	
<input type="checkbox"/>	AS7	THE MAGIC OF DUGONGS	30 June 9am	\$12.00	\$8.00	
<input type="checkbox"/>	BN1	STARTING & FINISHING YOUR LIFE STORY	18 May 9:30 am	\$30.00	\$24.00	
<input type="checkbox"/>	BN2	SUDOKU	19 May 1pm	\$16.00	\$13.00	
<input type="checkbox"/>	BN3	THE SHORT STORY	20 May 10am	\$40.00	\$32.00	
<input type="checkbox"/>	BN4	YOUR LIFE WISHES	2 June 10am	\$16.00	\$13.00	
<input type="checkbox"/>	BN5	BOOK FORUM	5 June 10am	\$24.00	\$19.00	
<input type="checkbox"/>	BN6	RICHER CONVERSATIONS	9 June 10am	\$36.00	\$29.00	
<input type="checkbox"/>	BN7	THINKING ON OUR FEET	9 June 1pm	\$36.00	\$29.00	
<input type="checkbox"/>	CM1	THE LISTENING SPACE	12 May 6pm	\$5.00	\$5.00	
<input type="checkbox"/>	CM2	QI GONG	14 May 4pm	\$40.00	\$32.00	
<input type="checkbox"/>	CM3	TAI CHILL	14 May 10:30 am	\$36.00	\$29.00	
<input type="checkbox"/>	CM4	FINDING PEACE IN UNCERTAIN TIMES	18 May 9:30 am	\$80.00	\$64.00	
<input type="checkbox"/>	CM5	SPIRITUAL EXPLORATIONS: Jesus the Christ	29 May 3:30 pm	\$80.00	\$64.00	
<input type="checkbox"/>	FB1	NATURE-INSPIRED ART & MINDFULNESS	19 May/13 Jun 10am	\$48.00	\$38.00	
<input type="checkbox"/>	FB2	CARICATURES	4 June 1pm	\$48.00	\$38.00	
<input type="checkbox"/>	FB3	NATURAL WEAVING	TBA	\$45.00	\$45.00	
<input type="checkbox"/>	GL1	SPANISH, Year 2	4 May 1:30 pm	\$128.00	\$102.00	
<input type="checkbox"/>	GL2	SPANISH, Intermediate	5 May 9am	\$144.00	\$115.00	
<input type="checkbox"/>	GL3	SPANISH, More Advanced	5 May 11:30 am	\$144.00	\$115.00	
<input type="checkbox"/>	GL4	SPANISH, Year 3	8 May 1pm	\$144.00	\$115.00	
<input type="checkbox"/>	GL5	ITALIAN, Term 4	9 May 11am	\$108.00	\$86.00	
<input type="checkbox"/>	HT1	FACEBOOK	13 May 1:30 pm	\$32.00	\$26.00	
<input type="checkbox"/>	HT2	GET TO KNOW YOUR IPAD	14 May 10am	\$12.00	\$10.00	
<input type="checkbox"/>	HT3	WHATSAPP	20 May 10am	\$16.00	\$13.00	
<input type="checkbox"/>	HT4	FUN APPS & eBooks ON YOUR IPAD	21 May 10am	\$24.00	\$19.00	
<input type="checkbox"/>	HT5	MESSANGER	27 May 10am	\$16.00	\$13.00	
<input type="checkbox"/>	HT6	EXCEL, AN INTRO	27 May 1:30 pm	\$32.00	\$26.00	
<input type="checkbox"/>	HT7	BROWSE, BUY, SELL	3 June 10am	\$48.00	\$38.00	
<input type="checkbox"/>	HT8	PHOTOGRAPHY ON YOUR IPAD	4 June 10am	\$12.00	\$10.00	
<input type="checkbox"/>	HT9	WORD, AN INTRO	10 Jun 1:30 pm	\$32.00	\$26.00	
<input type="checkbox"/>	HT10	PHOTOGRAPHY ON Android phones/tablets	24 June 10am	\$16.00	\$13.00	

Total Cost

Less credit (if applicable)

TOTAL

PAYMENT

Cheque

Cash

Card - Visa or MasterCard only

Card No:

Expiry date:

CVV:

Enrol from Wednesday 6 May

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