



PROGRAMME TERM 2 2022 - Monday 2 May - Sunday 3 July
Enrolments begin Wednesday 27 April, 8.30am in person, 9.00am online

Evening and weekend courses are highlighted with a yellow star

SPEAKERS UNLIMITED

PAINTING MEMORIES

AS1

Bridget Seaton

Monday 9 May, 9 - 10am

Landscape painter Bridget Seaton shares how her paintings evolve, from the first steps of taking a walk in the bush to the visual puzzles she solves in her studio. Her expressive paintings contain elements of abstraction, and she discusses how memory is vital to her process. Bridget will share stories behind her paintings as well as a sneak peek into the pages of her plein air sketchbooks.

Members \$12 / \$8 conc. Non-members \$17

CHILDREN'S RIGHTS AND THE UN

AS2

Jane Cousins

Monday 9 May, 10.30 - 11.30am

UNICEF is the UN agency mandated to advocate for the protection of children's rights, to help meet their basic needs and realise their full potential. Its motto is 'For every child'. Jane worked with UNICEF in Mongolia and will outline how the agency seeks to fulfil its mandate 'for every child' - in that country and globally - with a focus on children's rights in business.

Members \$12 / \$8 conc. Non-members \$17

FOOD AND MOOD:

AS3

HOW THEY INFLUENCE EACH OTHER

Nick Nation

Wednesday 11 May, 9 - 10am

Your brain is always "on." It's like a super computer that takes care of your thoughts and movements, your breathing and heartbeat, and your senses. Your brain requires a constant supply of fuel - and what's in that fuel makes all the difference. Accredited Practising Dietitian Nick Nation returns to discuss how what you eat directly affects the structure and function of your brain and, ultimately, your mood. You'll hear how your current mood can influence what you eat and how much you eat, how the digestive system doesn't just digest food, and learn about some of the premium brain fuels.

Members \$12 / \$8 conc. Non-members \$17

STAIRWAYS TO HEAVEN

AS4

Eversley Ruth Mortlock

Friday 13 May, 9 - 10am

During the Pandemic of 2020-21, Eversley found time to confront major issues for those ageing in Australia. Having already downsized her life to a retirement village, and wishing to be prepared for future

challenges, she decided to explore the resources and gaps facing those needing more care over time. Her book, *Stairways to Heaven*, is part memoir, and both a light-hearted yet confronting journey through the maze many of us will one day face. The pandemic has proved pivotal in revealing weaknesses in our aged care system. Poetic and other reflections on the last phases of life help guide our way.

Members \$12 / \$8 conc. Non-members \$17

THE FUTURE OF ELECTRIC TRANSPORT: GLOBAL AND LOCAL

AS5

Monday 16 May, 10 - 11am

Peter Newman

Electric Vehicles are coming and most cities have similar programs around the world. Peter will explain why this is happening, why it will accelerate and what can be done to make sure everyone benefits.

Members \$12 / \$8 conc. Non-members \$17

THE BEGINNINGS OF MODERN ART

AS6

Richard Gunning

Tuesday 17 May, 9 - 10am

Join artist Richard Gunning as he takes you on an exhilarating journey through the beginnings of Modern Art. Mass production, transportation and communications transformed people's lives in nineteenth century Paris. However this was barely reflected in the official art of the Salon, which steadfastly upheld traditional themes and techniques. The birth of Modernism is the story of how artists rebelled against the Salon to create art that embraced the new, creating a legacy that still informs the art of today.

Members \$12 / \$8 conc. Non-members \$17

INSPIRED INFILL

AS7

Chris Ferreira and Matt Wallwork

Wednesday 18 May, 9 - 10.15am

Ever wondered how we can do housing development better - so we don't have to sacrifice our homes, trees and gardens? Join two of WA's most innovative development specialists to see what is possible. How we can plan, develop and create innovative and exciting new builds that are nourishing places and spaces for families and communities. Chris and Matt will also showcase their Hami Hill Sustainable Home Eco-Apartments Project which is breaking new ground on what is possible in the suburbs.

Members \$12 / \$8 conc. Non-members \$17

MARINE PLANTS OF THE PERTH REGION AS8

John Huisman

Friday May 20, 2 - 3pm

Mostly hidden beneath the waves, our marine plants include an impressive range of colours, shapes and textures. In addition to their important ecological role, marine plants have incredible potential for human use, either directly as food or in a range of industrial and agricultural processes, including as a stock feed supplement to reduce greenhouse gas emissions. John, curator of the Western Australian Herbarium and a seaweed taxonomist explains.

Members \$12 / \$8 conc. Non-members \$17

RESEARCH OF MY PATERNAL ABORIGINAL AND CHINESE HERITAGE AS9

Stephen Loo

Monday 23 May, 10 - 11am

While the migration of Asian peoples to the Kimberley region is well known, little is heard of their migration to other parts of the state, especially in Albany and the local farming area. However, it has been noted that Chinese people cohabitated in the Great Southern, South-west and Goldfields region during the 1800's. Stephen has spent 20 years doing research of his paternal family history, discovering among other things that his great-grandfather Ah Loo arrived in Albany by ship from Shanghai around the 1870s. Come and hear Stephen's story, and how his family history found its way to the Chinese museum in Melbourne's Chinatown. Stephen will discuss various resources he used which you may find useful in your own family history research.

Members \$12 / \$8 conc. Non-members \$17



Steven Marcuson author of The Bunting Quest

EXPLORING HALF A CONTINENT AS10

Richard Offen

Tuesday 24 May, 9 - 10am

Following Captain James Stirling's over-exaggerated ideas of the potential productivity of the coastal plain around Perth, the first pioneers soon discovered that the extent of fertile agricultural land around the Swan and Canning rivers was miniscule. It was therefore a matter of considerable urgency for some serious exploration in order to find productive land which could be used to feed the Swan River Colony. Richard will discuss some of the nineteenth century explorers who intrepidly roamed the arid interior of Western Australia, mapping and recording its unique features as they went.

Members \$12 / \$8 conc. Non-members \$17

THE BUNTING QUEST AS11

Steven Marcuson

Monday 30 May, 10 - 11am

Come and hear about the unusual and rare map that inspired the historical fiction 'The Bunting Quest'. Steven, the author, and owner of Trowbridge Gallery which specialises in rare maps and antiques, will take us on a journey over seven years from the germ of an idea to seeing the book in bookshops around the country. He will also introduce us to some of the rare maps of the period, putting Heinrich Bunting's world map into context.

Members \$12 / \$8 conc. Non-members \$17



DOS & DONT'S OF PRESCRIBED & OVER-THE-COUNTER DRUGS AS12

David Thorne

Tuesday 31 May, 9 - 10am

From Aspirin to Zantac, what you really should know (and quite possibly don't) about some of the commonly prescribed and over-the-counter everyday drugs.

Members \$12 / \$8 conc. Non-members \$17

'TOWN TALK': Town of East Fremantle's Strategic Resource Plan, 2019 - 2034 AS13

Peter Kocian, Executive Manager Corporate Services and Sam Dolzadelli, Finance Manager Town of East Fremantle

Wednesday 8 June, 9 - 10am

Join Peter and Sam for an overview of the Town of East Fremantle's long term financial planning framework - as outlined in their Strategic Resource Plan, 2019 - 2034.

No charge but bookings essential.

FATHER OF THE LOST BOYS AS14

Yuot A. Alaak

Monday 13 June, 10 - 11am

Yuot Alaak, author of Father of the Lost Boys, tells his father's story of rescuing 20,000 boys and taking them on a four year journey from Sudan to the safety of a Kenyan Refugee Camp.

Members \$12 / \$8 conc. Non-members \$17

AN AUSTRALIAN HEAD OF STATE AS15

Mal Christison

Tuesday 14 June, 9 - 10.15am

Australians seem unconcerned about our Head of State while Queen Elizabeth II reigns, however any future royal head/s of state are likely to be less popular. The Australian Republican Movement is expected to press for a referendum, which is likely to offer the same Head of State choices as the 1999 referendum - royalty or a republican president. Are there other options that Australians should consider to achieve an Australian Head of State, without resorting to a Republican model? Mal shares his thinking on this topic and invites further discussion.

Members \$12 / \$8 conc. Non-members \$17

SPEAKERS UNLIMITED ...Continued

LIFE IN AFRICA - THEN AND NOW AS16

Wednesday 15 June, 9 - 10am

Jane Bwye

Author, business mentor and intermittent freelance journalist, Jane Bwye lived in Kenya for 55 years. She will talk about the country from the days of the bushmen, through colonial times and independence, to the present day.

Members \$12 / \$8 conc. Non-members \$17

BUILD A BETTER BRAIN AS17

Greg Diamond

Monday 20 June, 10 - 11.15am

Join us as we discuss the latest research on how anyone can maximise brain function, stave off dementia, improve memory and re-wire for new skills in just one hour a day. Greg is a physiotherapist with a special interest in what contributes to our mental as well as bodily well-being.

Members \$12 / \$8 conc. Non-members \$17

THE MOSAICS OF SPELLO AND PIAZZA ARMERINA AS18

Fausto Butta

Friday 1 July, 2 - 3pm

In 2005 a fortuitous discovery brought to light over 400 square metres of polychrome mosaics of a Roman villa outside the wall of Spello, a little town in Umbria, central Italy. While mosaics of this villa suggest it belonged to a wealthy man, most likely a wine producer, mosaics at a Roman villa in Piazza Armerina, Sicily reveal a different social and political status of its owner. Evidence suggests that this luxurious Sicilian villa (known as Villa del Casale) was, for a short period of time, the residence of co-emperor Maximian, after he retired in 305. Dr Fausto Buttà, an Honorary Research Fellow at UWA, will explain how these two case studies confirm both the social function of Roman art and their craftsmen's status within Roman society.

Members \$12 / \$8 conc. Non-members \$17



Villa Del Casale, Sicily



TOWN of
EAST FREMANTLE

We acknowledge with thanks, the continuing support of the Town of East Fremantle

NOT-SO-TRIVIAL PURSUITS

UKULELE: Ongoing Level 1

BN1

Shirley Guy

9 Wednesdays: 4 May - 29 June, 1 - 2.30pm

If you understand the basics needed to start playing this may be the class for you. Come and learn more to get your ukulele journey going. Bring your own ukulele (and stand if possible). This is not a class for complete beginners.

Members \$108 / \$86 conc.

UKULELE: Glyde Sing & Strum

BN2

Shirley Guy

8 Mondays: 2 May-27 June(excl 6 June), 2-3.30pm

In this class you will continue learning new chords and new songs, but we will not be picking out melodies.

Members \$96 / \$77 conc.

UKULELE: Glyde Sing, Strum & Pick

BN3

Shirley Guy

8 Mondays: 2 May-27 June(excl 6 June), 12-1.30pm

This class continues on from previous classes and we will expand our knowledge of all areas of ukulele playing.

Members \$96 / \$77 conc.

JUNG

BN4

Ruperto Nunez

8 Wednesdays: 11 May - 29 June, 1 - 3pm

Jung was one of the twentieth century's greatest psychoanalysts, looking at the mind as more than just a personal, limited, finite repository of thoughts, perceptions and desires. Join Ruperto in uncovering the philosopher, revealing his hidden metaphysical treasures. You'll review what the role of the mind may be, what the meaning of our lives could be, and ultimately, what God's place in our stories may be.

Members \$128 / \$102 conc.

ETHICS: SEEKING THE GOOD LIFE

BN5

Meera Finnigan

8 Thursdays: 12 May - 30 June, 1.30 - 3.30pm

In this course we will examine our obligations to each other, other sentient life, and the environment, involving such concepts as the nature of morality, happiness, justice, and social contracts. You will have the opportunity to discuss notions of right and wrong in this changing world; one of our greatest and most enduring challenges as a species. When we come together in a philosophical environment to share ideas, engage in deeper thinking, and embrace alternative perspectives we can enjoy increased understanding and possibilities. We warmly welcome you to join us so together we can create a vibrant experience examining these vital matters for ourselves and our world.

Members \$128 / \$102 conc.

SINGING, SOUND HEALING AND MEDITATION

Sian Brown

2 separate sessions:

Sunday 29 May, 2 - 4pm

BN6

or Sunday 26 June, 2 - 4pm

BN7

Part singing lesson, part meditation, part vocal jam - these sessions are fun and deeply relaxing. Learn to use your voice to relax and refresh yourself. Enjoy crystal singing bowls, gongs and the incredible healing power of your voice. Sian Brown, operatically trained singer, songwriter and sound healer is passionate about the wisdom and musicality in us all. Come as you are and please bring a bottle of water. Enrol separately in one or both sessions.

Members \$16 / \$13 conc. Non-memb \$21

OUT 'N ABOUT

*Our bus trips are brought to you by volunteer organisers, drivers and hosts. Buses depart **on time** from the East Freo Football club (EFFC) car park, cnr Moss and Marmion Streets. Return times are approximate. If you can't make it on the day please let us know beforehand on 9339 3964, or on the day use the contact number of your Glyde-In host*

KAYAK MORNING PADDLE

CO1

Viveca Rains

Friday 6 May, 8am - 1.30pm

Bus and kayak trip. After arrival our tour begins on the Riverton Canoe Launch where we paddle to Kent St Weir. The paddle is about 30 - 40 minutes each way depending on how leisurely you paddle, with a one-hour coffee stop at the Canning River Cafe. The paddle is very safe with no waves or boat wash apart from an occasional tinnie, no jet skis, just a bush paddle with plenty of water birds and jumping fish! The kayaks are very stable and easy to paddle even for a complete novice. They come with dry bags for phone car keys etc, and life jackets. Your bottom and feet will get wet so dress accordingly: shorts, rash top, hat/cap, thongs or water shoes, sunscreen and sunglasses. Please note the disclaimer: Kayaking has a degree of risk involved so you accept full responsibility for your own safety and any damage or injury that may result from this activity. Bus departs EFFC 8.15am

Book by 29 April

Members \$70 / 64 conc. Non-members \$75



WAAPA TOUR

CO2

Glenda Burns

Thursday May 12, 7.15am - 2.30pm

Bus trip. Join us on an excursion to WAAPA (Western Australian Academy of Performing Arts) at Edith Cowan University, Mt Lawley. We will be able to look behind the scenes of the lead up to an actual production "Mack and Mabel" which will be staged in June at His Majesty's Theatre. We will see set design, costuming, lighting and sound and look behind the scenes in the theatres. After viewing performances from either Aboriginal Theatre or Dance, we will have the opportunity to talk to students and ask questions of them and others. After lunch, WAAPA students will entertain us with a concert. A Devonshire morning tea is included in the

price and we are also booked into the Student Café for a light lunch at a very reasonable cost (not included in price).

Bus departs EFFC 7.30am

Book by 5 May

Members \$78 / \$71 conc. Non-members \$83

ARALUEN

CO3

Jono Farmer

Thursday 19 May, 7.45am - 4pm

Bus trip. Our tour begins with a visit to Avocados cafe in Kelmscott for coffee then on to Araluen Botanic Park. In the cool of autumn Araluen puts on a new and colourful coat of red, orange, yellow, and gold. May is the time to look out for Canadian maples, Chinese pistachio, persimmons, Diospyros kaki, Crepe myrtles, Lagerstroemia, various ornamental plums, cherries, pears and many cultivars of Japanese maple. After two hours walking around Araluen, we return to Avocados Cafe for a light lunch in their beautiful garden overlooking a stream (not included in price).

Bus departs EFFC 8am

Book by 12 May

Members \$37 / \$34 conc. Non-members \$42



WA BALLET OPEN FRIDAY

CO4

Jan Machin

Friday 27 May, 8.30am - 2.30pm

Bus trip. Join us on a trip to the West Australian Ballet Centre in Maylands and be inspired by how dancers from the company prepare their mind and body for the full day of rehearsals ahead. Working through exercises from the barre through to more complicated routines, daily class is how the dancers start their day. Accompanied by beautiful live piano, witness the sheer dedication that goes into acquiring the purity of classical ballet technique. Open Friday @ WA Ballet runs for approximately 1 hour and 30 minutes. We will then adjourn to the Inglewood Hotel for lunch (not included in the price).

Bus departs EFFC 8.45am

Book by 13 May

Members \$41 / 37 conc. Non-members \$46



GROUND WATER REPLENISHMENT TOUR CO5

Bev Woods

Wednesday 1 June, 8.15am – 3.30pm

Bus trip. Our fully guided tour will take you on an exciting water cycle journey through interpretive walkways, multimedia experiences and on-site viewing stations. Learn about wastewater treatment and water recycling processes and how groundwater replenishment can play a role in sustaining Perth's water supplies. Please be aware the visitor centre is a working site so all visitors must adhere to the clothing requirements as a condition of entry. Please wear fully enclosed shoes, wide brimmed hat, long sleeved shirt, long pants, sunscreen and sunglasses (highly recommended). After the tour we will drive down the coast to Clancy's Pub in City Beach for lunch (not included in the price).

Bus departs EFFC 8.30am

Book by 18 May

Members \$26 / \$24 conc. Non-members \$31



collection is quite a remarkable and very special feature of the SASR history. It is administered by volunteers who, having served in the SAS, have an intimate knowledge of the equipment, weapons, vehicles, boats and communications equipment. A group photo will also be taken by a Barracks photographer. Personal photography is not permitted and visitors are prohibited from carrying mobile phones, audio/visual recording devices, backpacks and large bags (you'll need to leave these items in the bus). Photo ID and vaccination certificates will also be required and ensure you bring a mask as they are currently mandatory.

Bus departs EFFC 10am

Book by 8 June

Members \$33 / \$30 conc. Non-members \$38

BODHINYANA MONASTERY CO8

Thursday 30 June, 7.45am - approx. 2.30pm

Viveca Rains

Bus trip to Serpentine. A Buddhist monk's life is simple and virtuous; he seeks inner peace and the light of wisdom. His day revolves around meditation, study and a single meal. Join our privileged visit to the Bodhinyana Monastery where 20 monks live in 242 acres of tranquillity. Partake of a blessing, a simple meal and a talk. Please dress appropriately and be prepared to remove shoes before going indoors. We will provide a simple meal to share. You may wish to make an offering - if so personal items are appreciated, these may include toothpaste, toothbrush, soap or hand towel.

Bus departs EFFC 8am

Book by 16 June

Members \$50 / \$45 conc. Non-members \$55



STATE LIBRARY TOUR CO6

Jono Farmer

Wednesday 8 June, 9.45 - 11.30am

Meet there. The State Library is a highly valued cultural institution, enriching the lives of Western Australians by treasuring their stories, building, preserving, and sharing physical and digital collections for education and recreation, and reflecting the State's rich heritage, diversity and history. We will experience a 'behind the scenes' tour. Lunch following the tour will be at own expense nearby.

Meet at welcome desk on ground floor of State Library, Perth Cultural Centre at 9.45am.

Book by 25 May

Members \$10 / \$10 conc. Non-members \$10 (includes entry donation)

CAMPBELL BARRACKS TOUR CO7

Barry Ross

Wednesday 15 June, 9.45am - 1pm

Bus trip. Campbell Barracks is the home of the famed Special Air Service (SAS) Regiment which dates from 25 July, 1957 and has its genesis in the British Army during the Western Desert campaign of WW2. We will arrive at the barracks in Swanbourne for a visitors brief at 10.30 which will take approximately 30 minutes. Then we will tour the Historical Collection for about 150 minutes. This

Teach - Who me?

If you have a special interest, topic, hobby or art form that you think would interest others, we're keen to hear from you.

Our tutors are not all necessarily highly specialised or qualified. They simply enjoy their subjects, are pretty good at it and wish to share what they know. Some are former teachers, some are keen hobbyists, others retired professionals. And some are trying out new-found skills.

Please talk to Jacqui Reeves, 9339 3964 about your thoughts. And if you like the idea but are hesitant about your teaching skills, come and speak with us about that too; we're keen to help.

CULTURE CLUB

Meet others and enjoy wonderful entertainment. **This term, please collect your ticket/s from the Glyde-In office when notified and meet at the theatre before curtain up. There is no late entry for performances**

Please note that proof of vaccination is a requirement at all venues

FIREBRINGER – MELVILLE THEATRE EC1

Nik MacDougall

Sunday 15 May, 2 - 4pm (approx.)

Meet there. A musical comedy, directed by Craig Griffen. Musical Director Mathew Leak. Let us take you back to the dawn of civilisation, where a tribe of cave-people survives the many trials of prehistoric life under the wise leadership of Jemilla, The Peacemaker. Jemilla has taught her people to express themselves, rather than bashing each other's heads with rocks and eating each other's babies. But one member of the tribe never seems to fit in: Zazzalil. She's always trying to invent things to make life easier...for herself. While out hatching her latest scheme, Zazzalil stumbles upon the most important discovery in history - one that will pit her tribe against woolly mammoths, sabre-toothed tigers, and change the world forever. She'll travel from omega to alpha, and become... *the Firebringer!*

Venue: Melville Theatre (393A Canning Hwy, Palmyra - entrance on Stock Rd). Meet by 1.45pm to be seated; the performance begins at 2pm. Please allow enough time to find parking and to present proof of vaccination at the venue.

Bookings open on 21 March; **please book by Friday 8 April.**

Members \$30 Non-members: \$35



WASO MORNING SYMPHONY EC2

Nik MacDougall

Thursday 2 June, 11am – 12pm

Meet there. Ascher Fisch conducts Brahms and Beethoven. Brahms' stirring Variations on a Theme by Haydn effortlessly and joyfully blends together the clarity and purity of Haydn's Classical style with his own richly-textured orchestral sound. Short it may be, but Beethoven packs an astonishing amount of invention, technique and sheer imagination into his "Haydnesque" Symphony No. 8, which endlessly delights and surprises. Ticket price includes complimentary coffee / tea prior to the concert and the Wesfarmers Arts Pre-Concert Talk from 9.40am in the Auditorium. Collect your tickets from the Glyde-In office when advised. Please note that these are unallocated choir stalls tickets, so be sure to arrive at the Concert Hall in good time to find parking, present proof of vaccination and to be seated in time for the 11am start.

Book by 11 May

Members \$35 Non-members \$40

IN SIGHT OF THE SEA – HARBOUR THEATRE EC3 Sunday 12 June, 2 - 4pm (approx.)

Nik MacDougall

Meet there. A comedy/drama by Lis Hoffmann and Phil Jeng Kane. Freewheeling DJ Adam's life was a car crash. Literally. Now he's back from hospital with a brand new attitude. His only obstacles are a severe lack of money, his best mate who needs to unpack his attitude to love, his ex-girlfriend who's hell bent on cracking the code that is Adam ...and then there's Juanita, the wily, obsessive landlady. But nothing is as it seems in sight of the sea, there's always an undertow taking you places you don't expect. This funny and moving play shows us there are times in life where we need to make changes – or change will be forced upon us.

Venue: Camelot Theatre (16 Lochee St, Mosman Park). Meet by 1.45pm to be seated; the performance begins at 2pm. Please allow enough time to find parking and to present proof of vaccination at the venue.

Book by 18 May

Members \$25 Non-members \$30

BY HAND

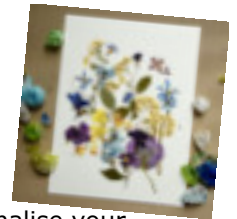
FRAMED PRESSED FLOWERS WITH SLOW STITCHING FB1

Leisa Antonio

3 Fridays, 13 - 27 May,

9.30am - 12pm

Select your flowers and engage in a hands-on process of arranging them into the flower press - these will be kept to dry in the press for the next 2 weeks. Then embellish and personalise your picture frame using a range of repurposed materials and paints. Next we'll engage in the relaxing meditative process of slow stitching and creating your frames. We'll bring it all together by uncovering our pressed flowers and incorporating them into the frames. You will delight in the result!



Members \$60 / \$48 conc. + \$55 materials

MACRAME TABLE RUNNERS FB2

Leisa Antonio

2 Fridays, 3 & 10 June, 9.30am - 12pm

Macrame is an old world craft that has made a comeback in recent years. Learn traditional and modern macrame knots and hitches in order to create a table runner. Your materials kit includes 20+ metres of macrame cotton cord, beads to incorporate as you wish, a macrame guide and tools and incidentals to use during the two classes. Leave with a beautifully handcrafted table runner and new-found macrame skills to use in future projects.

Members \$40 / \$32 conc. + \$45 materials

SKETCHING AND PAINTING NATURE FB3

Jane Lidbetter

4 Fridays, 3 - 24 June, 1 - 3pm

Let's take a close look at nature to slow the racing mind and focus on the beauty that surrounds us. You will learn basic drawing skills using tone, texture, form and composition and then we will move to colour using watercolour or Aquarelle pencils. You will work both indoors and outside using the garden for inspiration and Jane will also bring in treasures from nature.

Things to bring: HB, 2B, 4B pencils, eraser and pencil sharpener, A4 pad of smooth cartridge paper. Jane will talk through some other materials in the first class.

Members \$64 / \$51 conc. + things to bring

LANGUAGES

hola! Ciao Bonjour

SPANISH

SPANISH, beginners ongoing (Tuesdays) GL1

Ruperto Nunez

9 Tuesdays, 3 May - 28 June, 2 - 4pm

For those with the equivalent of one term's learning and who know the basics of greetings, descriptions and family.

Members \$144 / \$115 conc. + \$4 materials

SPANISH, beginners ongoing, year 2 (Mondays) GL2

Ruperto Nunez

8 Mondays, 2 May - 27 June (excl 6 June), 4-6pm

For the ongoing beginner, continue to learn the basics and build your vocabulary and confidence.

Members \$128/ \$102 conc. + \$4 materials

SPANISH, Basic A1 GL3

Ruperto Nunez

9 Tuesdays, 3 May - 28 June, 11.30am - 1.30pm

If you know pronouns, present and simple past tenses and basic dialogue, this course will help you understand and use everyday expressions and basic phrases, introduce yourself and others, and ask and answer personal questions.

Members \$144 / \$115 conc. + \$4 materials

SPANISH on Mondays, Basic A2 GL4

Ruperto Nunez

8 Mondays, 2 May - 27 June (excl 6 June), 1.30 - 3.30pm

If you understand present and simple past tenses and basic travel vocabulary, join this class to expand your vocabulary and improve fluency.

Members \$128/ \$102 conc. + \$4 materials

SPANISH, Intermediate B1 GL5

Ruperto Nunez

9 Tuesdays, 3 May - 28 June, 9 - 11am

For those who have a grasp of vocab and grammar. Here you'll learn to understand main points to do with work, school, family & leisure, deal with most travel situations, describe experiences and events, and give brief reasons and explanations.

Members \$144 / \$115 conc. + \$4 materials



The Alhambra, Granada, Spain

ITALIAN

ITALIAN, INTERMEDIATE GL6

Fausto Butta

9 Tuesdays, 3 May - 28 June, 1.45 - 3.15pm

For those who can hold and understand an Italian conversation using most of the verb tenses.

Members \$108 / \$86 conc. + \$4 materials

ITALIAN, ONGOING BEGINNERS GL7

Fausto Butta

9 Thursdays 5 May - 30 June 9.30 - 11am

For the ongoing beginner - we'll continue to learn the basics of colourful Italian.

Members \$108 / \$86 conc. + \$4 materials

FRENCH

FRENCH INTERMEDIATE GL8

Pierrette Joseph

9 Wednesdays, 4 May - 29 June, 1 - 3pm

For those who can hold a basic discussion, build on your French conversation and grammar in this small interactive group.

Members \$144/ \$115 conc. + \$4 materials

FRENCH, ONGOING BEGINNERS GL9

Pierrette Joseph

9 Thursdays, 5 May - 30 June, 11am - 12pm

For those who have just started learning or have learnt the basics of French in the past.

Members \$72/ \$58 conc. + \$4 materials

FRENCH, MORE ADVANCED GL10

Pierrette Joseph

9 Thursdays, 5 May - 30 June, 1 - 3pm

If you have a good grasp of grammar and conversation and want to improve your fluency talk to us about joining this ongoing group.

Members \$144/ \$115 conc. + \$4 materials



*The Loire Valley
France*

FULL FRENCH & ITALIAN CLASSES

with Millie Kursar

(Sorry no places available in these classes, ongoing students please re-book)

FRENCH, Ongoing GL11

9 Tuesdays, 3 May-28 June, 10.45am - 12.15pm

Members \$108 / \$86 conc.

FRENCH on Friday GL12

9 Fridays, 6 May - 1 July, 10.45am - 12.15pm

Members \$108 / \$86 conc.

ITALIAN, Ongoing GL13

Millie Kursar

9 Wednesdays, 4 May-29 June, 10.45am-12.15pm

Members \$108 / \$86 conc.

COMPUTERS & TECHNOLOGY

Our classes are small and friendly, our tutors are patient. Courses are based on demand so if you need help on a particular topic let us know. You can also use the one-on-one sessions through the Computer Help Desk for individualised support or advice.

To make learning more personal bring along your device (fully charged) and know your login details including passwords.

MYGOV

Fay Gerhard

Monday 9 May, 8.45 - 10.45am

HC1

OR Monday 20 June 8.45 - 10.45am

HC2

Learn how to set up a myGov account for easy access to your government services. Link your relevant services, access emails from them, your health records and importantly your COVID-19 certificate. If you already have a myGov account bring along your login details.

Members \$16/ \$13 conc. Non-members \$21

FACEBOOK MARKETPLACE

HC3

Fay Gerhard

Monday 9 May, 11.15am - 1.15pm

Facebook Marketplace can be a good source for treasures or to sell your unwanted goods. Discover how easy it is to market your items, and to buy too. And learn how to be safe and secure.

Members \$16/ \$13 conc. Non-members \$21

iPHONE / iPAD STARTER

HC4

Kris Metcher

Tuesday 10 May, 10am - 12pm

A helpful overview of Apple phones and tablets, both for those who have a device or are pondering a purchase. This introduction will set you up for our other iPhone/ iPad courses. Bring your device if you have one.

Members \$16 / \$13 conc. Non-members \$21

MASTERING MOBILE PHOTOGRAPHY (iPhone/iPad)

HC5

Kris Metcher

2 Tuesdays 10 & 17 May, 12.30 - 2.30pm

Discover how to take eye-catching photos using the camera app that comes with your iPhone/iPad. In week 2 learn how to edit, crop and enhance the photos, add them to albums and save online or on your local device.

Members \$32 / \$26 conc.

MAPS on your PHONE

HC6

Fay Gerhard

Monday 16 May, 8.45am - 10.45am

Learn how to get the most out of Google Maps on your phone – from directions to locating a restaurant or petrol station nearby.

Members \$16 / \$13 conc. Non-members \$21

WHATSAPP?

HC7

Fay Gerhard

Monday 16 May, 11.15am - 1.15pm

WhatsApp lets you send messages, pictures, videos and voice over wifi, rather than your mobile network. It works for iPhone talking to Androids too. Come and learn how.

Members \$16 / \$13 conc. Non-members \$21

WHERE DID I FILE THAT?

HC8

Kris Metcher

Tuesday 17 May, 10am - 12pm

Are you forever trying to locate things on your computer? Do you know the difference between a file and a folder? Learn how to save files on your computer so you can find them again, how to create, name and rename folders. This course is designed for WINDOWS computers (not tablets or phones) so bring along your charged laptop.

Members \$16 / \$13 conc. Non-members \$21

PERSONALISE YOUR iPHONE / iPAD

HC9

Kris Metcher

Tuesday 24 May, 10am - 12pm

Now that you're familiar with your iPhone or iPad, learn to set it up for your personal use. Change the "wallpaper" on your home screen. Activate Siri and learn how to use voice recognition. Edit your App Icons and more.

Members \$16 / \$13 conc. Non-members \$21

ANDROID PHONE / TABLET STARTER

HC10

Kris Metcher

Tuesday 24 May, 12.30 - 2.30pm

A helpful overview of Android phones and tablets, both for those who have a device or are pondering a purchase. Bring your device if you have one.

Members \$16 / \$13 conc. Non-members \$21

PHOTOBOOKS

HC11

Fay Gerhard

Monday 13 June, 8.45am - 10.45am

Learn about the options and templates available to create your photo book. Bring along your laptop or tablet/iPad with some pictures saved on the device to get started.

Members \$16 / \$13 conc. Non-members \$21

STORING YOUR DATA

HC12

Fay Gerhard

Monday 13 June, 11.15am - 1.15pm

Not sure how to safely store your documents/photos/data? Or not quite sure what the 'cloud' is? Come along and learn about the easiest and safest ways to store your valuable data.

Members \$16 / \$13 conc. Non-members \$21

COMPUTER HELP DESK

HC13

Fay Gerhard

A one-on-one 30 minute session to deal with a particular issue or for individualised support in making the most of your device. When enrolling please let us know what device you are using and an idea of what you need help with.

Phone or book in person at the office.

Members \$20. Non-members \$25



WHO WE ARE

Glyde-In Community Learning Centre has been operating since 1981.

We offer courses, talks and activities that we hope will enrich members' enjoyment and knowledge, and foster a healthy community life. We aim to be a source of learning that doesn't cost the earth, that doesn't need prior knowledge or qualifications, and asks only a small commitment of time. Our courses are non-competitive and informal.

Tutors are from all walks of life, and we welcome more. Our staff members work part time, and our volunteers play a significant role in the life of the Centre.

Glyde-In is a not-for-profit organisation managed by a volunteer management committee. Most of our funding is generated through membership and course fees. We are also supported greatly by the Town of East Fremantle, through provision of our building under a peppercorn lease and ongoing operational funding.

HOW TO ENROL

**Enrolments begin Wednesday 27 April
8.30am-3pm in person (or online from 9.00am)
and continue through the term, spaces permitting.**

If you mail your booking in and require a posted receipt or other information, please include a self-addressed stamped envelope. Otherwise, detailed receipts are emailed.

Any enrolments received early are processed on Enrolment Day along with the others. If your choice of activity is full, you will be placed on a wait list and if a vacancy arises we'll let you know. All courses require a minimum number of enrolments to proceed and you will be notified if a course is cancelled due to insufficient numbers.

Please choose carefully as refunds or credits are not issued if you cancel after enrolment week. However if you find that you can't attend, you're welcome to transfer your

booking to another member; just let us know if you do.

We appreciate notification if you are not able to attend on the day especially for Out&About and Culture Club activities.

Our enrolment form is on the last two pages and has a complete list of all courses and activities. Simply put a big X against the ones you want. Circle the fees that apply (use a coloured pen or highlighter if you can), complete your name, membership and payment details, and hand it to us.

Your receipt will list everything you're booked into and any for which you're on a wait list, as well as a list of things you might need to bring on the day, e.g. for an art course.

Please note that proof of vaccination is required to attend any Glyde-In events



A Word from the Chair

Our members eagerly supported our Term 1 programme resulting in a wonderful hum of activity at the centre. Our staff are flat out keeping up with demand. We are lucky to have such a dedicated and capable team. Our Term 2 programme sets a high standard for quality and variety thanks to Jacqui's good work. Be sure to get in early on Enrolment Day, which is Wednesday, 27 April. Online enrolments open at 9am if you prefer not to attend in person.

Autumn is such a lovely time of year. Perfect weather to enjoy our Out&About programme. This programme is close to my heart and the Term 1 take-up was most gratifying. After putting in so much work, it is encouraging to have our members respond with solid bookings. Our Term 2 Out&About Program is finalised, and I want to thank our subcommittee for their excellent work. We have eight outings planned including the ever-popular tours of WAAPA and the WA Ballet. Term 1 outings to the State Library and Bodhinyana Monastery were oversubscribed and therefore warranted another visit. Kayaking on the Canning will be fun, the Water Corp Recycle Plant will be informative as will the Campbell Barracks tour. Our Araluen autumn visit will be lovely.

The Glyde-In garden has survived our long hot summer due to the dedicated work of our volunteer gardening team. A warm welcome to our two new garden volunteers Lyndell and Ellen. And keep an eye out for our afternoon tea party planned for May.

Our Covid Safe subcommittee is doing excellent work. I am impressed with their progress. The vast majority of our members have offered their full cooperation for our proof of vax policy. Recent Covid restrictions have reduced the maximum number of members allowed to attend talks and courses. This restriction may affect your bookings, so please check your mail regularly for updates.

For added safety, we have purchased high-quality air purifiers with HEPA filters. These purifiers are effective with the windows open or closed, and they filter viruses, germs, and dust with 98% efficiency. They do not add anything at all to the air. No electric charge, perfume, deodorant, or antiseptic. Just pure clean air. They are quiet, about the same noise level as an air conditioner and offer low energy consumption.

We hope you enjoy Term 2 and that you remain healthy and safe.

Yours Sincerely

Mal Christison
Chair

YOU'RE INVITED.....Regular Groups

GLYDE-IN GROUPS FOR MEMBERS

Phone the group convener for more information. If no phone is listed just come along. Most simply share the cost of room hire (\$20 per hour).

BOOK CLUB

2nd Monday / month, 3.45 – 5.45pm

Books not provided, all welcome. Jill Brown,
0433 402 401 or Glyde-In 9339 3964.

COMMUNITY CRAFT

Dates & times TBA

With autumn here, we're looking for volunteers to help out with making small items such as scarves, beanies and blanket squares for local people in need. You supply your own yarn and hooks/needles, we supply a cuppa, a venue and grateful enthusiasm! Contact Nik on 9339 3964.

CYCLING GROUPS

Monday and Wednesday mornings. For the Monday group, phone Gordon 0419 858 960. For Wednesday group, phone Marilyn 0407 082 038.

GLYDE-IN SINGERS

Tuesdays, 4 – 6pm

With Digby Hill. All welcome to sing a variety of world folk, early music and classical, alt. pop, African etc.

Venue TBA. \$15/session (cash only).

Lyn Hurley 0405 124 618.

MAHJONG – for experienced players

Mondays & Fridays, 1 – 3.30pm.

Margaret 9335 5665.

Thursdays, 9.30am – 12pm.

Maureen 0408 532 783.

SCRABBLE

Wednesdays, 9.30 – 12pm. All welcome including beginners. \$5 + \$1 cuppa.
Ellen MacKenzie 9339 5207.

THURSDAY WALKERS

Weekly, 8am sharp from Glyde-In for an hour's walk then coffee.

PRIVATE GROUPS & WORKSHOPS

These are privately-run activities; please phone the conveners for further information.

COMMUNITY QUILTING

3rd Monday / month, 9am – 12.30pm

Supporting the WAQA Community Group that donates quilts to charities. If you can, please bring a sewing machine. Lyn Hurley 0405 124 618.

FRIDAY RIDERS

Departs Left Bank café **Fridays, 8am.**

For those able to cruise at 20km/hour.
Gordon 0419 858 960.

PROSTATE CANCER SUPPORT FOUNDATION

3rd Mon / month, 7.30 – 9pm. Information and support for men with prostate cancer, their families and partners. Richard 0418 858 003
email: prostate@rfmc.com.au

QUAKERS (Religious Society of Friends)

Sundays, 10am – 12pm

All welcome to our mainly silent meetings for worship.

SOUND OF SOUL

3rd Wednesday/month, 7.30pm.

"The person singing HU tunes in to a higher spiritual awareness", Harold Klomp, *HU The Most Beautiful Prayer*. Gold coin. 0408 957 514.



PARKING

It's street parking, and there is plenty of space in neighbouring streets.

Please never ever ever park across neighbours' driveways, no matter how late you may be for your class.



MEMBERSHIP

12 months \$35 / \$30 concession or \$20 East Fremantle resident. Single term \$15.

Concession is for holders of a Pension or Health Care Card (not seniors HCC) or DVA Gold Card.

You don't have to be an East Fremantle resident - everybody is welcome.

ROOM HIRE

Our comfortable rooms are available for hire, depending on availability which is often limited to evenings and weekends. Room costs: \$20/hour for groups initiated and run by Glyde-In members, \$23 for non-profit groups not affiliated with us, and \$30 otherwise. Groups charging a participant fee require their own public liability insurance. Please phone us for details of availability.

ENROLMENTS

Title	Miss/Ms/Mrs/Mr/Dr	First name	Last name	
Please only complete the next three lines if anything has changed				Emergency
Phone		Mobile	Please indicate how you would like to receive your Glyde-In programme	
Address				Email <input type="checkbox"/> Posted <input type="checkbox"/>
Suburb		Postcode	Email	
Membership (if due) <input type="checkbox"/> \$35 Full <input type="checkbox"/> \$30 Concession <input type="checkbox"/> \$20 East Fremantle resident <input type="checkbox"/> Single term				
Concession membership applies to those holding a Pension or Health Care Card or DVA Card No:				

Please indicate the courses that you are enrolling in by marking a cross in the first column and circling the fees that apply

X	Code	Course/Talk/Event	Start date	Memb.	Conc.	NonMem	Material
		Membership fee - renewal or new member. Circle relevant fee or leave blank if current		\$35.00	\$30.00	\$15.00	\$20.00EF
	AS1	PAINTING MEMORIES	9 MAY	\$12.00	\$8.00	\$17.00	—
	AS2	CHILDREN'S RIGHTS AND THE UN	9 MAY	\$12.00	\$8.00	\$17.00	—
	AS3	FOOD AND MOOD:	11 MAY	\$12.00	\$8.00	\$17.00	—
	AS4	STAIRWAYS TO HEAVEN	13 MAY	\$12.00	\$8.00	\$17.00	—
	AS5	THE FUTURE OF ELECTRIC TRANSPORT:	16 MAY	\$12.00	\$8.00	\$17.00	—
	AS6	THE BEGINNINGS OF MODERN ART	17 MAY	\$12.00	\$8.00	\$17.00	—
	AS7	INSPIRED INFILL	18 MAY	\$12.00	\$8.00	\$17.00	—
	AS8	MARINE PLANTS OF THE PERTH REGION	20 MAY	\$12.00	\$8.00	\$17.00	—
	AS9	RESEARCH OF MY PATERNAL ABORIGINAL & CHINESE HERITAGE	23 MAY	\$12.00	\$8.00	\$17.00	—
	AS10	EXPLORING HALF A CONTINENT	24 MAY	\$12.00	\$8.00	\$17.00	—
	AS11	THE BUNTING QUEST	30 MAY	\$12.00	\$8.00	\$17.00	—
	AS12	DOS & DONT'S OF DRUGS	31 MAY	\$12.00	\$8.00	\$17.00	—
	AS13	Town of East Fremantle 'TOWN TALK'	8 JUNE	No	charge		—
	AS14	FATHER OF THE LOST BOYS	13 JUNE	\$12.00	\$8.00	\$17.00	—
	AS15	AN AUSTRALIAN HEAD OF STATE	14 JUNE	\$12.00	\$8.00	\$17.00	—
	AS16	LIFE IN AFRICA - THEN AND NOW	15 JUNE	\$12.00	\$8.00	\$17.00	—
	AS17	BUILD A BETTER BRAIN	20 JUNE	\$12.00	\$8.00	\$17.00	—
	AS18	THE MOSAICS OF SPELLO & PIAZZA ARMERINA	1 JULY	\$12.00	\$8.00	\$17.00	—
	BN1	UKULELE: Ongoing Level 1	4 MAY	\$108.00	\$86.00	—	—
	BN2	UKULELE: Glyde Sing & Strum	2 MAY	\$96.00	\$77.00	—	—
	BN3	UKULELE: Glyde Sing, Strum & Pick	2 MAY	\$96.00	\$77.00	—	—
	BN4	JUNG	11 MAY	\$128.00	\$102.00	—	—
	BN5	ETHICS: SEEKING THE GOOD LIFE	12 MAY	\$128.00	\$102.00	—	—
	BN6	SINGING, SOUND HEALING AND MEDITATION	29 MAY	\$16.00	\$13.00	\$21.00	—
	BN7	SINGING, SOUND HEALING AND MEDITATION	26 JUNE	\$16.00	\$13.00	\$21.00	—
	CO1	KAYAK MORNING PADDLE	6 MAY	\$70.00	\$64.00	\$75.00	—
	CO2	WAAPA TOUR	12 MAY	\$78.00	\$71.00	\$83.00	—
	CO3	ARALUEN	19 MAY	\$37.00	\$34.00	\$42.00	—
	CO4	WA BALLET OPEN FRIDAY	27 MAY	\$41.00	\$37.00	\$46.00	—
	CO5	GROUND WATER REPLENISHMENT TOUR	1 JUNE	\$26.00	\$24.00	\$31.00	—
	CO6	STATE LIBRARY TOUR	8 JUNE	\$10.00	\$10.00	\$10.00	—
	CO7	CAMPBELL BARRACKS TOUR	15 JUNE	\$33.00	\$30.00	\$38.00	—
	CO8	BODHINYANA MONASTERY	30 JUNE	\$50.00	\$45.00	\$55.00	—
	EC1	FIREBRINGER - MELVILLE THEATRE	15 MAY	\$30.00	—	\$35.00	—
	EC2	WASO MORNING SYMPHONY	2 JUNE	\$35.00	—	\$40.00	—
	EC3	IN SIGHT OF THE SEA - HARBOUR THEATRE	12 JUNE	\$25.00	—	\$30.00	—
Total cost for this page							

ENROLMENTS

X	Code	Course/Talk/Event	Start date	Memb.	Conc.	NonMem	Materials
	FB1	FRAMED PRESSED FLOWERS	13 MAY	\$60.00	\$48.00	—	\$55.00
	FB2	MACRAME TABLE RUNNERS	3 JUNE	\$40.00	\$32.00	—	\$45.00
	FB3	SKETCHING AND PAINTING NATURE	3 JUNE	\$64.00	\$51.00	—	ttb*
	GL1	SPANISH, beginners ongoing (Tuesdays)	3 MAY	\$144.00	\$115.00	—	\$4.00
	GL2	SPANISH, beginners ongoing, year 2 (Mondays)	2 MAY	\$128.00	\$102.00	—	\$4.00
	GL3	SPANISH, Basic A1	3 MAY	\$144.00	\$115.00	—	\$4.00
	GL4	SPANISH on Mondays, Basic A2	2 MAY	\$128.00	\$102.00	—	\$4.00
	GL5	SPANISH, Intermediate B1	3 MAY	\$144.00	\$115.00	—	\$4.00
	GL6	ITALIAN, INTERMEDIATE	3 MAY	\$108.00	\$86.00	—	\$4.00
	GL7	ITALIAN, ONGOING BEGINNERS	5 MAY	\$108.00	\$86.00	—	\$4.00
	GL8	FRENCH INTERMEDIATE	4 MAY	\$144.00	\$115.00	—	\$4.00
	GL9	FRENCH, ONGOING BEGINNERS	5 MAY	\$72.00	\$58.00	—	\$4.00
	GL10	FRENCH, MORE ADVANCED	5 MAY	\$144.00	\$115.00	—	\$4.00
	GL11	FRENCH, Ongoing	3 MAY	\$108.00	\$86.00	—	—
	GL12	FRENCH on Friday	6 MAY	\$108.00	\$86.00	—	—
	GL13	ITALIAN, Ongoing	4 MAY	\$108.00	\$86.00	—	—
	HC1	MYGOV	9 MAY	\$16.00	\$13.00	\$21.00	—
	HC2	MYGOV	20 JUNE	\$16.00	\$13.00	\$21.00	—
	HC3	FACEBOOK MARKETPLACE	9 MAY	\$16.00	\$13.00	\$21.00	—
	HC4	IPHONE / IPAD STARTER	10 MAY	\$16.00	\$13.00	\$21.00	—
	HC5	MASTERING MOBILE PHOTOGRAPHY	10 MAY	\$32.00	\$26.00	—	—
	HC6	MAPS on your PHONE	16 MAY	\$16.00	\$13.00	\$21.00	—
	HC7	WHATSAPP?	16 MAY	\$16.00	\$13.00	\$21.00	—
	HC8	WHERE DID I FILE THAT?	17 MAY	\$16.00	\$13.00	\$21.00	—
	HC9	PERSONALISE YOUR IPHONE / IPAD	24 MAY	\$16.00	\$13.00	\$21.00	—
	HC10	ANDROID PHONE / TABLET STARTER	24 MAY	\$16.00	\$13.00	\$21.00	—
	HC11	PHOTOBOOKS	13 JUNE	\$16.00	\$13.00	\$21.00	—
	HC12	STORING YOUR DATA	13 JUNE	\$16.00	\$13.00	\$21.00	—
	HC13	COMPUTER HELP DESK	Call office	\$20.00	—	\$25.00	—
		ttb* - things to bring, check on enrolment					
Total cost of this page							
Page 1 cost							
GRAND TOTAL COST							

PAYMENT METHOD	CHEQUE	CASH	CARD	
CARD NO.		EXPIRY DATE		CVV
SIGNATURE			OFFICE USE	